

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| All meals served with a choice of milk: $1 \%$, skim or fat-free chocolate | BREAKFAST PRICE <br> PAID: $\mathbf{\$ 1 . 7 5 / 1 . 8 5}$ REDUCED: \$. 25 | LUNCH PRICE: PAID: \$2.35/2.45 REDUCED: $\$ .25$ | ICE CREAM CUP: $\$ .60 / .90$ <br> *Ice cream is only available at MS/HS | *At both breakfast and lunch you must choose AT LEAST 3 OF THE 5 ITEMS to make a meal. One of these must be a fruit or veggie or you will be charged Ala Carte price. |
| Bacon Cheeseburger 1 <br> W/ Ketchup  <br> On Wheat Bun  <br> Refried Veg Beans  <br> Assorted Fruit  | Chicken "Taco" \& Cheese Over Nachos Southwest Corn Assorted Fruit | Cheesy-Filled Pizza Sticks W/ Marinara Dipper Savory Green Beans Assorted Fruit | Teriyaki Turkey Rice Bowl Or Chicken Patty On Bun Steamed Carrots Assorted Fruit | Homemade Square Pizza Cheese or Pepperoni Steamed Broccoli Assorted Fruit |
| NOSCHOOL | Walking Taco 9 W/ Corn Chips, Seasoned Taco Meat And Cheese Refried Veg Beans Assorted Fruit | French Toast Sticks W/ Syrup <br> Egg \& Sausage Scramble Tator Tots Assorted Fruit | Braised Beef \& Gravy Mashed Potatoes Wheat Dinner Roll Garlicky Green Beans Assorted Fruit | Stuffed Crust Cheese Pizza Garlicky Green Beans Veggie Medley Assorted Fruit |
| Cheeseburger W/ Ketchup 15 On Wheat Bun Black \& Veg Bean Black Beans \& Rice Assorted Fruit | Stuffed Crust Cheese Pizza Or Quesadilla Garlicy Green Beans Assorted Fruit | Deli Day - Turkey \& Ham W/ Cheese, Lettuce \& Tomato On A Sub Roll Steamed Carrot Coins Assorted Fruit | Chicken Parmesan Or Chicken Patty On a Bun Roasted Broccoli Assorted Fruit | Hot Dog with Ketchup On Wheat Bun Corn Assorted Fruit |
| 22 | 23 | 24 | 25 | 26 |
| SPRNG RECESS |  |  |  |  |
| Crispy Fish Patty <br> W/ Cheese <br> On a Wheat Bun <br> Sweet Corn or Coleslaw Assorted Fruit | Meat \& Bean Chili <br> w/ Cheese <br> Over Tortilla Chips <br> Broccoli <br> Assorted Fruit |  |  |  |

[^0]*If you have any concerns please contact Kathy Smith at (315) 889-4120.


Breakfast Choices: 1\% or Skim Milk, Juice or Fresh Fruit, Cereal, Muffin, or Various Heated Items

Sandwich Choice: Tuna, Turkey, Cheese or PBJ W/ Cheese Stick or Hot Dog (Elementary Only)

## Lunch Choices:

1\%, Skim Milk or
Fat-Free Chocolate

## Extra Milk: \$. 60

 Extra Fruit or Veggie: \$.70Carrot Sticks and Dinner Roll will be offered daily to high school students when not on menu.

Funds for extras may be added to your school bucks account, cash or checks: "USCS LUNCH FUND"

## MY <br> SCHOOL <br> BUCKS

DELI BAR TO GO!
Freshly prepared sandwiches with assorted deli meats, cheese and accompaniments prepared daily on Whole Wheat Bread, Kaiser Roll or a Sub Roll. We also have JULIENNE SALADS!

## ElEMENTARY MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| All meals served with a choice of milk: $1 \%$, skim or fat-free chocolate | BREAKFAST PRICE PAID: \$1.75/1.85 REDUCED: $\$ .25$ | LUNCH PRICE PAID: \$2.35/2.45 REDUCED: $\$ .25$ |  | *At both breakfast and lunch you must choose AT LEAST 3 OF THE 5 ITEMS to make a meal. One of these must be a fruit or veggie or you will be charged Ala Carte price. |
| Bacon Cheeseburger W/ Ketchup On Wheat Bun Refried Veg Beans Assorted Fruit | Chicken"Taco" \& Cheese Over Nachos Southwest Corn Assorted Fruit | Cheesy-Filled Pizza Sticks W/ Marinara Dipper Savory Green Beans Assorted Fruit | Teriyaki Turkey Rice Bowl Steamed Carrots Assorted Fruit | Homemade Square Pizza Cheese or Pepperoni Steamed Broccoli Assorted Fruit |
| NOSCHOOL | Walking Taco <br> w/ Corn Chips, Seasoned Taco Meat And Cheese Refried Veg Beans Assorted Fruit | French Toast Sticks W/ Syrup <br> Egg \& Sausage Scramble Tator Tots Assorted Fruit | Braised Beef \& Gravy Mashed Potatoes Wheat Dinner Roll Garlicky Green Beans Assorted Fruit | Stuffed Crust Cheese Pizza Garlicky Green Beans Veggie Medley Assorted Fruit |
| Cheeseburger W/ Ketchup 15 On Wheat Bun Black \& Veg Bean Black Beans \& Rice Assorted Fruit | Stuffed Crust Cheese Pizza Garlicy Green Beans Assorted Fruit | Deli Day - Turkey \& Ham 17 W/ Cheese, Lettuce \& Tomato On A Sub Roll Steamed Carrot Coins Assorted Fruit |  18 <br> Chicken Patty  <br> On a Bun  <br> Roasted Broccoli  <br> Assorted Fruit  | Hot Dog with Ketchup On Wheat Bun Corn Assorted Fruit |
| 22 | 23 | 24 | 25 | 26 |
| SPRING RECESS |  |  |  |  |
| Crispy Fish Patty W/ Cheese On a Wheat Bun Sweet Corn or Coleslaw Assorted Fruit | Meat \& Bean Chili 30 <br> W/ Cheese  <br> Over Tortilla Chips  <br> Broccoli  <br> Assorted Fruit  |  |  |  |

[^1]*If you have any concerns please contact Kathy Smith at (315) 889-4120.


Breakfast Choices: 1\% or Skim Milk, Juice or Fresh Fruit, Cereal, Muffin, or Various Heated Items

## Sandwich Choice:

Tuna, Turkey, Cheese or
PBJ W/ Cheese Stick or
Hot Dog (Elementary Only)

## Lunch Choices:

1\%, Skim Milk or
Fat-Free Chocolate
Extra Milk: \$. 60 Extra Fruit or Veggie: \$.70

## Funds for extras

 may be added to your school bucks account, cash or checks: "USCS LUNCH FUND"
## MY <br> SCHOOL <br> IBUCKS

DELI BARTO GO!
Freshly prepared sandwiches with assorted deli meats, chesese and accompaniments prepared daily on Whole Wheat Bread, Kaiser Roll or a Sub Roll. We also have JULIENNE SALADS!


[^0]:    *School Will Vary in Options/Menus May Vary *If there is a delay in the start of school, breakfast will not be served.

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